



Boston Behavioral Medicine

1371 Beacon Street, Suite 304-305, Brookline, MA 02446

Tel. 617-232-2435 / Fax: 617-232-0078

www.BostonBMed.com

March 15, 2020

Dear Boston Behavioral Medicine Community,

In response to the spread of the Corona Virus (COVID-19) in Massachusetts, we are writing to inform you how Boston Behavioral Medicine, LLC (BBM) will be serving its community of patients and staff during this very difficult time.

As healthcare providers, it is our priority to remain accessible to our patients and professional community.

Based upon the guidelines from the CDC, the MA Department of Public Health and the Brookline Health Department, BBM will remain open. BBM is in continuous contact with local and regional health officials and are adjusting plans as frequently as the situation demands.

Starting Monday, March 16, 2020, our clinical staff will be able to provide both onsite and telehealth services. Clinicians are already reaching out to their patients to discuss these options in detail. Our priority is to provide consistent care as safely as possible.

The need for mental health services increases significantly during times of distress. Given the current state of uncertainty regarding the COVID-19 virus, you may find yourself experiencing greater levels of anxiety, depression, and stress. **We encourage you to maintain your regularly scheduled appointment with your clinician, and to also reach out for greater support as needed. As a reminder, we can be reached at 617-232-2435, x0 (“zero”).**

We hope that you will remain healthy and safe. We look forward to resuming our routine approach to care as soon as this crisis subsides and our work activities normalize.

Sincerely,

Amaro J. Laria, PhD
Co-Director

Katharine “Kim” Larsson, PhD, PMHCNS-BC
Co-Director